



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH SPORTS

SPRING 2017

BLUE SPRINGS FAMILY YMCA

1300 SE Adams Dairy Pkwy, Blue Springs, MO 64014 P 816.224.9622

YOUTH SOCCER

Kids develop important soccer skills, including kicking, passing, dribbling, shooting and working as a team in a fun and supportive environment. Coed leagues are formed by grade (Kindergarten-1st, 2nd-3rd). Divisions are determined by grade entering the 2016-2017 school year or the participant must be at least 5 years old by start of season to play in Kindergarten Division.

Game Location: William Bryant Elementary School

7 Games: April 1st – May 20th, Saturdays, anytime 8:30 a.m.-5:30 p.m.

Early Bird Rates by February 13th:

\$40 Y members, \$80 community participants

Register February 14th and later:

\$60 Y members, \$100 community participants

Guaranteed Placement Deadline: March 6th

Mandatory Coaches Meeting: March 9th, Thursday 6:00pm, Location TBD

Practices: May start as early as the week of March 13th, depending on coach's choice of practice night. Coaches choose one hour practice per week.

Rules: Shin guards are required.

CHEER CLINIC

At the Youth Cheer Clinic, your child will learn the fundamentals of cheer, dance, jumps, and basic tumbling. High school cheerleaders from the community will provide an intro to cheerleading, allowing your child to feel comfortable learning in a safe environment. Enroll now for this great opportunity to learn the cheer essentials! For K-5th Grade.

At the Advanced Youth Cheer Clinic, your child will learn cheers, dance, tumbling and stunts. We will be taking a more advanced approach, preparing your child for 8th grade and high school cheer tryouts. Taught by our very own community high school cheerleaders, we will ensure that your child has all essentials needed to succeed at school tryouts! Enroll today to take advantage of this great opportunity!

Date: January 21st, Saturday

Time: K-5th Grade, 8-10 a.m.
6th-8th Grade, 10 a.m.-Noon

Location: Blue Springs Family YMCA

Register by January 21st:

\$5 Y members, \$10 community participants



BITTY SOCCER

Bitty Soccer offers a fun, structured setting for ages 3-5 to learn the basics of the game of soccer. Six one-hour meetings include three instructional practices followed by three instructional games.

SESSION I: April 4th – 20th, Tuesdays and Thursdays, 6 p.m.

Location: William Bryant Elementary School

Register by March 27th:

Free for Y members, \$60 community participants

SESSION II: May 1st – 17th, Mondays and Wednesdays, 6 p.m.

Location: William Bryant Elementary School

Register by April 24th:

Free for Y members, \$60 community participants

Additional Information: Parents will receive an email update including specific information to the email address provided on the registration form one week before the session starts. Parent participation is strongly encouraged. Jerseys will be provided at the first practice and an award given out at the last game. Shin guards and cleats are suggested but not required. Please bring a size 3 soccer ball.

OUR MISSION

The YMCA of Greater Kansas City, founded on Christian principles, is a charitable organization with an inclusive environment committed to enriching the quality of family, spiritual, social, mental and physical well-being. A UNITED WAY AGENCY

REGISTER ONLINE
KansasCityYMCA.org/sports



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BITTY FLAG FOOTBALL

Kids ages 3-5 experience a fun introduction to the game. Participants must be age 3 by session start date. Six one-hour meetings include three instructional practices followed by three instructional games featuring performances by Bitty Cheer.

SESSION I: April 3rd – 19th, Mondays and Wednesdays, 6 p.m.

Location: William Bryant Elementary School

Register by March 27th:

Free for Y members, \$60 community participants

SESSION II: May 2nd – 18th, Tuesdays and Thursdays, 6 p.m.

Location: William Bryant Elementary School

Register by April 24th:

Free for Y members, \$60 community participants

Additional Information: Parents will receive an email update including specific information to the email address provided on the registration form one week before the session starts. Parent participation is strongly encouraged. Jerseys will be provided at the first practice and an award given out at the last game. Cleats are suggested but not required.



MAKE A DIFFERENCE, BE A COACH

Coaching is a unique opportunity to instill positive values and help kids develop healthy habits that extend far beyond the playing field and court. Our coaches provide a welcoming atmosphere, teach fundamentals of the game and promote the importance of sportsmanship and teamwork.

BITTY CHEER

Kids ages 3-5 experience a fun introduction to the cheer. Participants must be age 3 by session start date. Six one-hour meetings include three instructional practices followed by three instructional performances during the Bitty Flag Football games.

SESSION I: April 3rd – 19th, Mondays and Wednesdays, 6 p.m.

Location: William Bryant Elementary School

Register by March 27th:

Free for Y members, \$60 community participants

SESSION II: May 2nd – 18th, Tuesdays and Thursdays, 6 p.m.

Location: William Bryant Elementary School

Register by April 24th:

Free for Y members, \$60 community participants

Additional Information: Parents will receive an email update including specific information to the email address provided on the registration form one week before the session starts. Parent participation is strongly encouraged. Jerseys will be provided at the first practice and an award given out at the last game. Please dress to be active, with hair up, and bring a water bottle.

OTHER PROGRAMS

Look out for these programs coming to the Blue Springs Family YMCA this spring sports season!

YOUTH CHEER CLINICS

Receive an introduction to the basics of competitive and sideline cheer including stunts, jumps, and cheers. For grades K-8th. Besides the January 21st clinic we are planning clinics for February and March 2017.

YOUTH CHEER CLUB

The Y's Youth Cheer Club provides a safe atmosphere where your child will learn the basics of competitive and sideline cheer including stunts, jumps, and cheers. For grades K-3rd.

PRESEASON YOUTH SOCCER CLINIC

Get a jump start to Youth Soccer season and learn the fundamentals of passing, dribbling, shooting, and learn some new skills! For grades K-3rd.

YOUTH BASKETBALL 3V3 OUTDOOR

Stay active, have fun, and learn the fundamentals of basketball in a smaller game format. For grades 3rd-8th.

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