



OLWEUS[®]

BULLYING PREVENTION PROGRAM

OBPP Overview

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Bullying Prevention
Group, 2007

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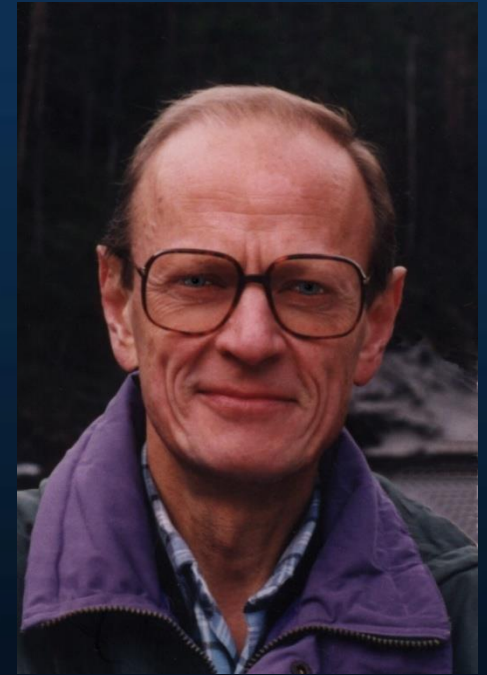


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Olweus Bullying Prevention Program

- The most-researched and best-known bullying prevention program available today.
- First systematic research on bullying conducted in the early 1970s by Dr. Dan Olweus.





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What Is Bullying?

“Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”

OBPP Teacher Guide, p. xii





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Three Key Components of Bullying Behavior

1. Involves an unprovoked offensive, attacking or invasive behavior
2. Typically involves a pattern of behavior repeated over time
3. Involves an imbalance of power or strength





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Direct Bullying

- Hitting, kicking, shoving, spitting
- Taunting, name-calling, using degrading comments
- Threatening or obscene gestures





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Indirect Bullying

- Getting another person to bully someone
- Spreading rumors
- Causing another person to be socially isolated
- Cyber bullying





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Effects of Bullying on School Climate

- Bullying creates a climate of fear and disrespect.
- Bullying interferes with student learning.
- Students may feel insecure and not like school as well.
- Students may perceive a lack of control or caring.





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Goals of *OBPP*

- To reduce existing bullying problems among students
- To prevent the development of new bullying problems
- To achieve better peer relations at school





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Program Principles

1. Set firm limits for unacceptable behavior.
2. Consistently use nonphysical, non-hostile negative consequences when rules are broken.
3. Adults in the school should act as authorities and positive role models.





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Take-Home Message

- We take all accusations seriously.
- We will investigate them thoroughly.
- We will respond appropriately.

