## YOUTH PROGRAMS Developing Life Skills for Active Youth



## Youth Programs Sponsored By Daniel Young PTA and John Nowlin PTA





- ★ Anti-Bullying Tactics
- **★** Taught by Certified Black Belt Instructors
- ★ Awards & Promotions
- **★ Abduction Prevention**
- **★ Non-Aggressive Behaviors**
- ★ Basic thru Black Belt Levels

LOCATION	ADDRESS	CLASS DAY	DATES	REGISTRATION START TIME	ORIENTATION & FIRST CLASS
John Nowlin Elementary Gym	5020 NW Valley View Rd, Blue Springs, MO (from 170, take exit 18 towards Lake Tapawingo/ Fleming Park, turn left onto NW Woods Chapel Rd., turn right onto NW Valley View Rd., school is on the left, enter through the front door)	Tuesday (Once per Week)	Jan. 24 <sup>th</sup> — May 9 <sup>th</sup> (15 weeks)	Jan. 24 <sup>th</sup> 6:30 p.m. Beginners  Jan. 24 <sup>th</sup> 7:45 p.m. Yellow & Green Belts	7:00 — 7:45 p.m. 8:15 — 9:00 p.m.

\$7.00 per week for a 45 minute lesson. The above times are for the 1<sup>st</sup> Class only. Weekly class times will be assigned for the semester during Registration Night. Uniforms are available (not required) for \$33.00. Higher ranking extended class fee is \$9.00 per week for a 60 minute lesson.



- **★Safety Awareness**
- ★ Cheers, Chants, Jumps, Pom Dance Routines
- **★ Fun Competitions**
- ★ Awards & Trophies
- ★ Preparation for Tryouts
- ★ Beginner to Advanced Levels

## CHEERLEADING AGES 4 – 15

LOCATION	ADDRESS	CLASS DAY	DATES	REGISTRATION START TIME	Orientation & First Class
Daniel Young Elementary Gym	505 SE Shamrock Lane, Blue Springs, MO (from Hwy 7, turn left on Moreland School Rd., turn left on SE 4th St., turn right on SE Shamrock Ln., school on the left, enter through southwest corner door)	Wednesday (Once per Week)	Jan. 25 <sup>th</sup> — May 10 <sup>th</sup> (15 weeks)	Jan. 25 <sup>th</sup> 6:30 p.m. Ages 4 — 9 (JV & Varsity)  Jan. 25 <sup>th</sup> 7:45 p.m. Ages 10 — 15 (*Jr. All Star)	7:00 — 7:45 p.m. 8:15 — 9:00 p.m.

\$7.00 per week for a 45 minute lesson. The above times are for the 1st Practice only. Weekly practice times will be assigned for the semester during Registration Night. High quality, fluffed Team pom-pons (per level) will be available for \$27.00 (includes I.D. tags) or you may bring your own. Cheer students must wear tennis shoes and comfortable attire to practice. \*All Star fee is \$9.00 per week for a 60 minute lesson. High quality, 2-color Jr. All Star team poms are \$24.00 per set.

- Pay weekly or prepay for the entire semester.
- Students may register during the first three weeks.
- Registration fee: \$10.00, non-refundable.
- In case of bad weather, registration will be held at the same time the next week.
- Register at class or online.
- Parent/Legal guardian must register student.
- Checks/Cash/Money Order/Credit/Debit Card accepted.
- Parents of Self Defense/Karate may enroll with their child
- Parents/friends are encouraged to watch the first and last class of the semester