



Join GIRLS ON THE RUN at Sunny Pointe Elementary!

Girls on the Run is an afterschool program for 3rd-5th grade girls that creatively incorporates running with lessons focused on developing essential life skills such as teamwork, confidence, healthy habits, community service and more. Lessons are taught by trained coaches and include running, playing games and discussing important issues. The season ends with the celebratory Girls on the Run 5K!

Season begins:
September 10th

Location:
Sunny Pointe Elementary

Meeting days and times:
Monday & Wednesday @ 4:05-5:30pm

What's included in the \$165 registration fee?

- 20 lessons of the Girls on the Run nationally-recognized curriculum conducted by specially-trained coaches
- An official Girls on the Run program t-shirt
- A healthy snack at each practice
- A Girls on the Run water bottle
- Entry fee for the Girls on the Run 5K on November 10, 2018!
- A 5K finisher's medal



REGISTRATION OPENS SATURDAY, AUGUST 11th at 8AM



For registration or more information:
www.gotrkc.org