

October

(see www.schoolcafe.com for more detailed menu)

6-12 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Prices Elem – 1.75 MS/HS - \$1.80 Reduced Meal – \$0.00 Adult Meal - \$2.10 Extra Milk - \$.60			1 Mini Pancakes Cereal Bar w/Graham Fruit Milk	2 Pancake Sausage Bites Belgian Waffles Fruit Milk
5 Muffin Vanilla Yogurt w/ Granola Fruit Milk	6 Sausage & Cheese Biscuit Mini French Toast Fruit Milk	7 Pancake on a Stick Cereal Bar w/Graham Fruit Milk	8 Egg & Cheese Wrap Strawberry Yogurt w/Granola Fruit Milk	9 Belgian Waffles Mini Pancakes Fruit Milk
12 Muffin Vanilla Yogurt w/ Granola Fruit Milk	13 Sausage & Cheese Biscuit Mini French Toast Fruit Milk	14 Pancake on a Stick Cereal Bar w/Graham Fruit Milk	15 Egg & Cheese Wrap Strawberry Yogurt w/Granola Fruit Milk	16 Belgian Waffles Mini Pancakes Fruit Milk
19 Muffin Strawberry Yogurt w/Granola Fruit Milk	20 Breakfast Pizza Bagel Cereal Bar w/ Graham Fruit Milk	21 Waffle & Sausage Links Vanilla Yogurt w/ Granola Fruit Milk	22 Mini Pancakes Cereal Bar w/Graham Fruit Milk	23 Pancake Sausage Bites Belgian Waffles Fruit Milk
26 Muffin Strawberry Yogurt w/Granola Fruit Milk	27 Breakfast Pizza Bagel Cereal Bar w/ Graham Fruit Milk	28 Waffle & Sausage Links Vanilla Yogurt w/ Granola Fruit Milk	29 Mini Pancakes Cereal Bar w/Graham Fruit Milk	30 Pancake Sausage Bites Belgian Waffles Fruit Milk

This menu meets THE USDA MEAL GUIDELINES. This menu is subject to change without notice. This institution is an equal opportunity provider.
 Whole unflavored milk provided for preschool children 12-24 months.