

## COMMUNITY BOOK CLUB

Join the Blue Springs South librarian, Abby Cole, in discussing modern adult lit in a friendly and open environment. Depending on class size and pacing of discussion, a second book selection, or more, could be made. The first selected title is *Salem Falls* by Jodi Picoult. This is the intriguing story of Jack St. Bride who arrives in the quiet town of Salem Falls, determined to rebuild his life and leave behind the accusations and false conviction which ruined his career as a teacher. But, just as his life is getting on a new track, his past threatens his new found hope and love. *Come prepared to discuss the first five chapters.*

### Class #371

Tuesday, Feb. 1- Mar. 8  
Blue Springs South, Media Center

Instructor: Abby Cole

7:00 - 8:00 pm

Fee: \$10

## MAKE MONEY MYSTERY SHOPPING!

Love shopping? Like to earn a little extra cash? Learn how to get paid for eating at great restaurants, staying in fine hotels, shopping at upscale department stores, and more!

Almost anyone can fit mystery shopping into their time schedule. You will learn the step-by-step process of getting mystery shopping assignments from the best-paying companies and how to get add-on jobs to increase your income.

### Class #327

Tuesday, March 1  
Hall-McCarter, Room 403

Instructor: Sherry Coldsnow

6:30 - 9:00 pm

Fee: \$20

Sherry has been a mystery shopper for years and loves sharing her knowledge about his fun way to make extra money.

## MYSTERY SHOPPING – Part II

After taking Make Money Mystery Shopping, join this continuation class where you will learn the actual step-by-step process of entering the business and getting mystery shopping assignments. You will learn about the different job certifications, the actual job process, types of mystery shops, sample evaluation forms, pay and Paypal, how to do your own research on the computer to find the best paying companies (via optional hands-on computer time), and Sherry's favorite companies to work for.

### Class #309

Tuesday, March 8  
Hall-McCarter, Room 403

Instructor: Sherry Coldsnow

6:30 - 9:00 pm

Fee: \$20

## **ORGANIZING YOUR HOME**

Wish you were more organized? Would you like more time in your day? Join this class to learn to organize spaces in your home to make life easier. Topics covered will be time management, closets, kitchens, storage areas, garages, interesting organizing products and what to do with all the endless paper that enters your home. Handouts will be provided. Sold out last the last time it was offered.

### **Class #328**

Thursday, Feb. 24 - March 3

6:30 - 8:30 pm

Fee: \$20

Instructor: Darcy Munzer

2 sessions

Hall-McCarter, Room 509

## **FINANCIAL WORKSHOP: Your Source for Financial Education**

At Edward Jones we believe financial education is an important step in helping you achieve a better future. That is why our workshop offers clear and practical investing education in a convenient and comfortable format. By attending this workshop, you'll gain a better understanding of the key principles of saving and investing and also learn the specific strategies to help reach your long-term goals.

### **Class #915**

Tuesday, Jan. 25 - Feb. 25

6:30 - 8:30 pm

Instructor: Rebecca Knepper

4 sessions

Hall-McCarter, Room 509

## **ALPHABET SOUP OF MEDICARE INSURANCE**

Are you or a loved one turning 65 or becoming eligible for Medicare due to disability? This is a fun, relaxed class and a pain-free way to learn all about Medicare. What is the difference between Medicare Part A and Part B? How do Medicare supplement plans fill coverage gaps? What is a Plan C, Plan F, and let's not forget the new Part D prescription drug plan? Learn about Medicare PPO's and HMO's.

### **Class #905**

Saturday, Feb. 12

Hall-McCarter, Room 509

Instructor: Jeff David

10:00 - Noon

Fee: \$12

## Special Interest - Travel

### **DON'T BE CRUISE CONFUSED...SET SAIL IN THE RIGHT DIRECTION**

This class will tell you everything you need to know about planning and going on the perfect cruise. From selecting the right cruise line and location, when to travel, making your reservations, dining decisions, cabin size, gratuities, dress code, going ashore, and many more tips and tricks to making the right decisions to ensure the perfect vacation. As a seasoned traveler, Sherry will cover the top ten traveler tips and the top ten cruises. She will simply help you put it all together so you will love cruising as much as she does. Class will include an internet demonstration on how to look up the best sites for the best deals.

#### **Class #306**

Thursday, Feb. 17

Hall-McCarter, Room 403

Instructor: Sherry Coldsnow

6:30 - 9:00 pm

Fee: \$20

### **TRAVELING ON A BUDGET**

In this travel workshop, you will get hands-on experience researching the top travel blogs, travel message boards and on-line travel forums. You will find out the many ways to save money when traveling and get a better hotel room, lower air fares, fancier cruises, newer rental cars, and many other amazing bargains and travel secrets to get you the best travel experiences at the best prices. Learn how to have a 5 Star holiday on a 2 Star budget! Basic computer and internet skills required.

#### **Class #312**

Thursday, Feb. 3

Hall-McCarter, Room 403

Instructor: Sherry Coldsnow

6:30 - 9:00 pm

Fee: \$20

### **In Case of BAD WEATHER...**

*If the Blue Springs R-IV School District is closed due to inclement weather, all Community Education classes will also be canceled and rescheduled.*

Due to the number of students involved, you will not receive a phone call canceling class. Reports of school closings will be broadcast on local TV and radio stations. Please tune in.

### **NO COMMUNITY ED CLASSES SCHEDULED**

**Feb. 21, March 14-18, April 22-25, or where noted by instructor.**

## **KNITTING FOR THE TRUE BEGINNER**

Knitting is the number one craze sweeping the nation! This class will teach you all the basics of knitting, so you can enjoy making projects and gifts with the personal touch. You will learn to read a pattern, cast on, bind off, purl, and other basics needed to enjoy this fun and relaxing art form. All supplies will be furnished for a \$12 supply fee payable to the instructor. Great stress reducer and fun hobby for the young or old, male or female.

Limit: 8

### **Class #529**

Monday, 3-7 - 4-18

6:30 - 8:30 pm

Instructor: Joan Sickles

6 sessions

Hall-McCarter, Room 505

Fee: \$45

## **INTERMEDIATE KNITTING**

After you've mastered the basics of knitting, join this class to learn more complex stitches, such as how to increase and decrease, yarn over, slip stitch, and much more.

Choose your own project and bring your own materials. Limit: 10

### **Class #528**

Tuesday, 3-8 - 4-19

6:30 - 8:30 pm

Instructor: Joan Sickles

6 sessions

Hall-McCarter, Room 505

Fee: \$45

## **BEGINNING GUITAR**

With a handful of chords you can play a ton of songs! By the end of three weeks you'll be playing at least a handful of chords! You will also learn how to learn to play the guitar so you can continue to improve. Song repertoire will be based on class interest. You won't learn to shred guitar solos, but you will learn to play chords while you and/or your friends sing along! You may use a school guitar or bring your own.

### **Class #409**

Wednesday, Mar. 23 - Apr. 27

6:30 - 8:00 pm

Fee: \$40

Instructor: Mark Hamblin

6 sessions

William Yates Elementary, Room 307

3600 Davidson

## **SPANISH: STEP I – BEGINNERS**

This class offers a basic introduction to the Spanish language. Structured for the true beginner, you will learn vocabulary, basic grammar structure and practice the language orally with the teacher and fellow classmates. Please bring a 2" 3-ring binder to the first class for storing handouts.

### **Class #701**

Tuesday, Feb. 8 - April 19  
6:00 - 7:30 pm

Instructor: Adriana DeMonbrun

10 sessions

Hall-McCarter, Room 403

Fee: \$66

## **SPANISH: STEP II – INTERMEDIATE**

This class continues your introduction to the Spanish language. Structured for the near beginner, it builds on the foundation learned in Beginning Spanish, offering plenty of opportunity to practice the language orally. Please bring a 2" 3-ring binder to the first class for storing handouts.

### **Class #702**

Tuesday, Feb. 8 - April 19  
7:30 - 9:00 pm

Instructor: Adriana DeMonbrun

10 sessions

Hall-McCarter, Room 403

Fee: \$66

## **SPANISH: STEP III – ADVANCED**

This class will put to practice the Spanish skills you've already learned in the beginning and intermediate classes. Class will begin to focus on conversation in Spanish, practicing vocabulary, pronunciation, and developing your skills and comfort level. Please bring a 2" 3-ring binder to first class for storing handouts.

### **Class #703**

Monday, Feb. 7 - April 18  
7:30 - 9:00 pm

Instructor: Adriana DeMonbrun

10 sessions

Hall-McCarter, Room 403

Fee: \$66

## **SPANISH CONVERSATION**

This class is for those who have taken Spanish and want to practice the skills they have already learned. Class will focus on an advanced level of Spanish conversation.

### **Class #704**

Monday, Feb. 7 - April 18  
6:00 - 7:30 pm

Instructor: Adriana DeMonbrun

10 sessions

Hall-McCarter, Room 403

Fee: \$66

### BOATING SAFETY

Get your Missouri Safe Boater Certificate just in time for summer boating! All boat drivers born after 1985 are now required to have a water safety class certificate before going out on Missouri waterways. Join this basic boating safety course for operators of powerboats and personal watercraft and satisfy this Missouri requirement. Topics include: boating laws, safety equipment, boat handling, navigation aids, boating problems, trailering, and more. Those successfully completing the final exam will receive a Safe Boaters Certificate. Great class for children new to boating. A \$20 book charge will be payable to the instructor.

#### Class #316

Thursday, March 3 - March 21  
7:00 - 9:00 pm

Instructor: U.S. Coast Guard Staff  
4 sessions  
Hall-McCarter, Room 505

### CPR/AED TRAINING

CPR can double a victim's chance of survival by maintaining vital blood flow to the heart and brain until more advanced care can be given. This course teaches basic techniques for adult and child cardiopulmonary resuscitation and obstructed airway. It includes information, signs and signals of heart attack, stroke and first aid for choking. This is a participation class...come ready to perform techniques on provided individual manikins. American Heart Association Certification Card given upon successful completion of class.

#### Class #806

Thursday, Feb. 17  
Certified Instructor: Diana Arrowsmith  
Classes held at Hall-McCarter, Room 501

#### Class #807

Wednesday, Mar. 2  
6:00 -9:00 pm  
Fee: \$24

### Does your child express an "Entitled Mentality?" Do they RESPECT you?

Join Kelley as she shares with you ways to tell if your child feels entitled to things and ways to redirect that mentality. Kelley will also explore the ways we as adults and society teaches our kids to be entitled without us even knowing it. Does your child show respect to you and to others? Teaching respect is an important as teaching the ABC's. Learn ways to enrich respect in your child which will decrease entitlement. This interactive presentation will last about an hour with question and answer time at the end.

#### Class # 380

Thursday, Feb. 3  
Hall-McCarter, Room 509

Instructor: Kelley Greim  
6:30 - 8:00 pm  
Fee: \$10 per family

## HOW TO USE YOUR NEW DIGITAL CAMERA

This class is the perfect place to learn basic camera skills in order to capture priceless memories. If that Holiday present or birthday gift is still in the box, you need this class! If you're not sure which end to point, you are not alone! Instead of just buying postcards for your scrapbook, take this *beginner's* class and learn how to use a simple point and shoot to a single lens reflex camera. After exploring the camera and how to use it, students will learn basic terms, basic digital functions, and much more. Join us, and we promise to keep it simple. Please bring your camera and your instruction manual.

### Class #302

Wednesday, Feb. 2 - 16  
6:30 - 8:30 pm

Instructor: Len Nevels

3 sessions

Hall-McCarter, Room 505

Fee: \$20

## INTERMEDIATE DIGITAL: MAKE YOUR CAMERA REALLY ROCK!

If you are ready to take your digital camera skills to the next level of picture taking, this *intermediate* class is for you. Topics explored will include equipment, exposure modes, lens types, flash photography, shooting tips, and much more. As part of the learning process, shooting assignments will be required at home. We promise to keep it very informative and simple...while having fun! Please bring your camera, equipment and camera instruction manual.

### Class #311

Wednesday, Feb. 23, Mar. 2, 9  
6:30 - 8:30 pm

Instructor: Len Nevels

3 sessions

Hall-McCarter, Room 505

Fee: \$25

## EducationToGo (ed2go)

Think you don't have time to take a course? Think again! We can help you learn online! Learn at home with our unique instructor-facilitated online courses. All courses run for six weeks and consist of twelve lesson plans. Each lesson is supplemented with interactive quizzes, assignments, tutorials, live instructor support, and online discussion areas. Our online classrooms can be accessed over the Internet at any time of day or night. Most courses require nothing more than e-mail, a browser and Internet access.

For a complete listing of all courses and their requirements, please go to:

[www.ed2go.com/bssdcomed](http://www.ed2go.com/bssdcomed).

New classes begin the third Wednesday of each month... all year long!  
More than 250 instructor-facilitated courses starting at \$79!

## *Special Interest*

### **PULLING IT ALL TOGETHER**

Learn how to make a cohesive garden. You will learn how to create a theme and what elements to use to achieve a beautiful garden. Taught by a Master Gardener.

#### **Class # 614**

Tues. Mar. 22

6:30 - 8:30 pm

Fee: \$12

### **Easy Care Rose Gardening**

#### **Class #615**

Tues. Feb. 15

6:30 - 8:30 pm

Fee: \$12

### **COMPUTER**

Classes coming soon!

### **COLLEGE PLANNING...WHAT EVERY PARENT NEEDS TO KNOW**

The college search requires families to carefully consider career aspirations, assess educational goals, explore personal preferences, and evaluate financial obligations when pursuing higher education. Learn how to navigate the internet to research colleges, apply for scholarships and obtain financial assistance. Additionally, parents will be given resources regarding colleges and scholarships, as well as time line recommendations for each year in high school. This information is geared for parents with high school students from any school district.

#### **Class #919**

Thurs. Mar. 24

7:00 - 8:00 pm

Instructor: Barb Legate, Counselor

Blue Springs South, Lecture Hall

Fee: \$15 per family

### **READING! IT'S FUN TO LEARN!**

Learn reading strategies that you can do with your K-2 children at home. Each week will focus on a different area, including online resources, pathways, puppets and reader's theater, and post-reading questions for comprehension.

#### **Class #382**

Thurs. Feb. 10 - Mar. 3

6:30 - 7:30 pm

Instructor: Barb Bollinger, Library Media Specialist BSSD

Sunny Pointe Media Center

Fee: \$15

## BASKETBALL FOR MEN

Recreational basketball for adult men who are wanting a way to exercise, but enjoy some friendly competition as well. The instructor will allow participants to free play and/or offer coaching to assist team members in improving their game.

### Class #1001

Monday, Jan. 31 - April 18

Fee: \$5 per night to coach

7:00 - 9:00 pm

Coach: John Theiss

10 sessions

Hall-McCarter Gym

## PILATES

Similar to yoga, pilates will reshape and tone your entire body to look longer and leaner. This class will flatten abs, while shrinking and firming buns, hips and thighs. The answer to your body make-over dreams! This class will also improve your posture, flexibility and overall health. Please bring a yoga mat. Limit: 22 Instructor: Michelle Smith

### Class #1008

7:15 - 8:05 pm

Monday, Jan. 31- Apr. 18

Hall-McCarter, Community Room

10 sessions

Fee: \$64\*

### Class #1013

7:15 - 8:05 pm

Wednesday, Feb. 2 - Apr.13

Hall-McCarter, Community Room

10 sessions

Fee: \$64\*

## ZUMBA FOR WOMEN

Dance the weight away! Zumba is a fast-paced, low-impact cardio workout that sculpts and tones the body. Zumba is dancing - fun and easy dance steps performed to high energy, motivating music, like salsa, meringue, tango, regae, and calypso...all in one class! Zumba is not only great for the body, but great for the mind when you dance away your worries.

Limit: 25

Instructor: Michelle Smith

### Class #1016

6:20 - 7:15 pm

Monday, Jan. 31 - Apr. 18

Hall-McCarter, Community Room

10 sessions

Fee: \$64\*

### Class #1018

6:20 - 7:15 pm

Wednesday, Feb. 2 - Apr. 13

Hall-McCarter, Community Room

10 sessions

Fee: \$64\*

## POWER YOGA & PILATES (PI-YO)

This exciting class combines exercises and poses from pilates and yoga and is designed specifically for group fitness classes. The class will move from pose to pose and exercise to exercise at a decent tempo. Some exercises are performed while seated and some from standing positions. A great way to strengthen muscles, develop muscle tone and increase flexibility. Limit: 22

Instructor: Michelle Smith

**Class #1000**

Monday, Jan. 31 - Apr. 18

10 sessions

5:30 - 6:20 pm

Hall-McCarter Community Room

Fee: \$64\*

## PILATES ON THE BALL

This class will add a new dimension to your pilates workout by including the use of an exercise ball. Exercises will flatten abs, while shrinking and firming buns, hips and thighs. The answer to your body make-over dreams! Please bring a yoga mat. Students will also be asked to bring an exercise ball to the second class. Instruction will be given at the first class on what size to buy. Limit: 20

Instructor: Michelle Smith

**Class #1012**

Wednesday, Feb. 2 - Apr. 13

10 sessions

5:30 - 6:20 pm

Hall-McCarter Community Room

Fee: \$64\*

### ***\*FITNESS SUPER DISCOUNTS...Mix and match!***

Choose between Zumba, Pilates, Pi-Yo or Ball Pilates.

**Pick...two classes/week for \$99**

**Three classes for \$130 or**

**Four classes for \$150!**

Discounts apply to one student enrolling more than one fitness class/week,  
marked by an \*.

Pre-registration with payment is required.

**NO ADDITIONAL DISCOUNTS APPLY ON FITNESS CLASSES.**





## *5 Easy Ways to Enroll*

### **DANCE! DANCE! DANCE!**

Instructor, Cheri Crowley, is the owner of TaJazz School of Dance and has over 26 years experience as a dancer, teacher, choreographer, performer, and competition judge. Ms. Cheri and her staff will ensure your child has fun while learning new skills in dancing.

### **Hip Hop**

Learn choreographed street dances that are fun and energetic to the hottest and latest R&B, Pop and Hip Hop music. Learn cool and hip moves that will make you a star on the dance floor.

### **Class# 2023**

Tuesday, Feb. 1 - Mar. 22

7:00 - 8:00 pm

Fee: \$28 per 6 week session

### 1. BY PHONE

**(816) 224-1364**

Monday - Friday

8:00 am - 4 pm

Please have debit or charge card ready.

### 2. ONLINE via e-mail

[www.bssd.net](http://www.bssd.net)

(Community Education, registration Form). Forward completed form with debit or charge information via e-mail OR use

RevTrak (quick links, Revtrak Payment System, select community education and select class).

### 3. BY FAX

**(816) 224-1364**

Any time...day or night!

Fax enrollment form with debit or charge info.

### 4. BY MAIL

Community Education  
1501 NW Jefferson St  
Blue Springs, MO 64015

### 5. DROP IT BY

Hall-McCarter Education Center  
5000 NW Valley View Rd  
Blue Springs, MO 64015

**(A drop box is located by the the main entrance to building...)**

## DISCOUNTS AND REFUNDS

Patrons age 65 and older are entitled to a \$5 discount on most classes costing \$20 or more (some exceptions do apply). Please mention when enrolling. Refunds will be made if requested at least 24 hours prior to the class (minus a \$5 per person cancellation fee). No refunds or exchanges the day a class begins or after a class begins.

### Blue Springs School District COMMUNITY EDUCATION ENROLLMENT FORM

Student name: \_\_\_\_\_

Parent's name (if enrolling child) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home) \_\_\_\_\_ (Work) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Class# \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_ Fee: \_\_\_\_\_

Class# \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_ Fee: \_\_\_\_\_

Class# \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_ Fee: \_\_\_\_\_

Payment (circle one): Cash    Check    Mastercard    VISA

Card# \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Total: \_\_\_\_\_

OR use RevTrak ([www.bssd.net](http://www.bssd.net); quick links; RevTrak Payment System, select community education; click on the class and follow the prompts).

