



February



BLUE SPRINGS LUNCH MENU (6-12) 2012

Monday

Tuesday

Wednesday

Thursday

Friday

FOOD COURT CONSISTS OF:
Sub Zone / Pizza Zone
Deli Bar/Fiesta Bar
Grilled Sand. Zone
ALL PART OF A COMBO MEAL

1
 TACO SALAD
FOOD COURT
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 SPANISH RICE
 REFRIED BEANS
 JUICE
 MILK

2
 CHICKEN NUGGETS
FOOD COURT
 MASHED POTATOES
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE/MILK

3
 CHEESE PIZZA
FOOD COURT
 POTATO /CHIP CHOICES
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE
 MILK

6
 LASAGNA
 BREAD
 PASTA "BOWL" ZONE
FOOD COURT
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 ITALIAN VEGETABLES
 FIESTA VEGETABLES
 JUICE/MILK

7
 HAMBURGER
 CHEESEBURGER
FOOD COURT
 FRUIT & VEGGIE BAR
 POTATO /CHIP CHOICES
 BAKED BEANS
 CORN
 FIESTA VEGETABLES
 JUICE/MILK

8
 MACARONI AND CHEESE
 LITTLE SMOKIES
FOOD COURT
 POTATO /CHIP
 FROSTED CHOC. CAKE
 GREEN BEANS
 FIESTA VEGETABLES
 FRUIT & VEGGIE BAR
 JUICE/MILK

9
 CHICKEN NUGGETS
FOOD COURT
 MASHED POTATOES
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE/MILK

10
 PEPPERONI PIZZA
FOOD COURT
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE
 MILK



13
 STEAK FINGERS
FOOD COURT
 POTATO /CHIP CHOICES
 FRUIT & VEGGIE BAR
 GREEN BEANS
 MASHED POTATOES
 FRESH SALAD
 COUNTRY GRAVY
 JUICE
 MILK

14
 MEATBALL SUB
FOOD COURT
 POTATO /CHIP CHOICES
 FRUIT & VEGGIE BAR
 BAKED BEANS
 HEART-ZELS
 FRESH SALAD
 FIESTA VEGETABLES
 JUICE
 MILK

15
 TERIYAKI CHICKEN
 ORIENTAL RICE
FOOD COURT
 FRUIT & VEGGIE BAR
 POTATO /CHIP
 ORIENTAL VEGETABLES
 BROCCOLI
 MANDARIN ORANGES
 JUICE
 MILK

16
 CHICKEN NUGGETS
FOOD COURT
 MASHED POTATOES
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE
 MILK

17
 CHEESE PIZZA
FOOD COURT
 POTATO /CHIP CHOICES
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 JUICE
 MILK

Washington
and
Lincoln's
Birthday



20
27
 CHICKEN TETRAZZINI
FOOD COURT
 MASHED POTATOES
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 FRESH SALAD
 JUICE
 MILK

21
 RAVIOLI
 BEEF STEW
 BREAD
FOOD COURT
 RICE
 CORN
 FRESH SALAD
 SPICED APPLES
 JUICE
 MILK

22
 HAMBURGER
 CHEESEBURGER
FOOD COURT
 FRUIT & VEGGIE BAR
 POTATO /CHIP CHOICES
 BAKED BEANS
 CORN
 FIESTA VEGETABLES
 JUICE
 MILK

23
 SPAGHETTI
 with HOT ROLL
FOOD COURT
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 GREEN BEANS
 ITALIAN VEGETABLES
 FRESH SALAD
 JUICE
 MILK

24
 PEPPERONI PIZZA
FOOD COURT
 POTATO /CHIP
 FRUIT & VEGGIE BAR
 CHOC. CHIP COOKIE
 GREEN BEANS
 FRESH SALAD
 JUICE
 MILK

28
 SPECIALTY FOOD BAR
FOOD COURT
 FRUIT & VEGGIE BAR
 POTATO /CHIP
 CORN
 FRESH SALAD
 FIESTA VEGETABLES
 JUICE
 MILK

29
 MACARONI AND CHEESE
 LITTLE SMOKIES
FOOD COURT
 POTATO /CHIP
 GREEN BEANS
 FIESTA VEGETABLES
 FRESH SALAD
 FRUIT & VEGGIE BAR
 JUICE
 MILK

BREAKFAST PRICES
 Elementary \$1.50 MS/HS \$1.55
 Reduced \$0.30
 Adult \$1.85
 Extra Milk or Juice \$0.50
 Breakfast = 1 Entree +
 Choice of 2 side items
 A la Carte Items Available